Elmhurst Public Schools Community Unit District 205 Masters Swimming / Adult Lap Swim Fall 2019 through Spring 2020 There will be a Lifeguard Certified/Triathlon Coach on deck at all practices / Dave Polkow ALL PARTICIPANTS MUST BE 18 YEARS OR OLDER

September:	9,10,11,12,16,17,18,19,23,24,25,26,30	8:00 - 9:00pm
October:	1,2,3,7,8,9,10,15,16,17,21,22,23,24,28,29,30	8:00 - 9:00pm
November:	4,5,6,7,12,13,14,18,19,25,26,27	8:00 - 9:00pm
December:	2,3,4,5,9,10,11,12,16,17,18,19,20,Break TBA	8:00 - 9:00pm
January:	6,7,8,9,13,14,15,16,20,21,22,23,27,28,29,30	8:00 - 9:00pm
February:	3,4,5,6,10,11,12,13,18,19,20,24,25,26,27	8:00 - 9:00pm
March:	2,3,4,5,9,10,11,12,16,17,18,19,(23-26),30,31 (spring break TBA) 8:00 - 9:00pm	
April:	1,2,6,7,8,9,13,14,15,16,20,21,22,23	8:00 - 9:00pm

*Holiday breaks and High School fuctions/based on pool availability

Time: 8-9pm - please enter the York Aquatic Center from the north side of the building / Elm Park.

All Dates subject and times to change based on pool availability Please check the York Aquatic Website during inclement weather: <u>http://york.elmhurst205.org/aquatic</u>

Cost: \$185.00 District 205 residents, Non residents \$230.00

Illinois Masters Swimming Organization requires an additional fee to participate in meets.

I wish to register for the following District 205 Aquatic Center Activity

I understand and agree that this activity is voluntary. I understand that the program may involve certain health risks and I assume all responsibility for those risks and agree not to make any claim against School District 205, the Board of Education and its members, Officers, and employees for any injury or illness suffered as a result of my participation in the activity.

I hereby declare myself to be physically sound, having medical approval to participate in this activity.

Participant's Name (please Print)

Date

Address

Phone Number

Participant's Signature **Make checks payable to: York High School** Mail to: Dave Davis Aquatic Director York High School 355 West St. Charles Rd. Elmhurst, IL 60126

email for contact purposes